

# Communication

A FREE workshop in  
HODDESDON



for Mums, Dads &  
Carers



For Parents and Carers of Primary  
& Secondary age children

The workshop will cover:

- \* Helpful and unhelpful ways of communicating
- \* Practical skills to enable effective communication
- \* The effect of active listening on Feelings, Thoughts and Behaviour

**Tuesday 27th March 2018**  
**9.30am - 12.00pm**  
at  
**Forres Primary school,**  
**Stanstead Rd,**  
**Hoddesdon,**  
**EN11 0RW**



To book your FREE place please contact  
Sally:  
[sally@familiesfeelingsafe.co.uk](mailto:sally@familiesfeelingsafe.co.uk)  
or Tel: 07875 667736

\* Please quote the date of the workshop you are booking

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