

Managing Strong Feelings

A **FREE** workshop in
WARE



for Mums, Dads &
Carers



For Parents and Carers of Primary
& Secondary age children

The workshop will cover:

- * The link between Feelings, Thoughts & Behaviour
- * Understanding the context of a child's behaviour
- * Ideas for dealing with behaviour

Tuesday 27th March 2018
12.30-2.30pm
at
Wodson Park
Wadesmill Road
Ware
SG12 0UQ



**To book your FREE place please contact
Sue:**

Sue@familiesfeelingsafe.co.uk

Or Tel: 07531 247657

* Please quote the date of the workshop you are booking