## **Managing Strong Feelings**

A FREE workshop in WARE



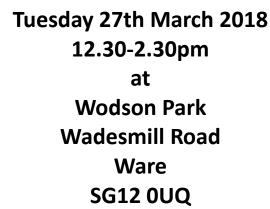
for Mums, Dads & Carers



For Parents and Carers of Primary & Secondary age children

## The workshop will cover:

- The link between Feelings,
   Thoughts & Behaviour
- Understanding the context of a child's behaviour
- \* Ideas for dealing with behaviour







To book your FREE place please contact

Sue

Sue@familiesfeelingsafe.co.uk
Or Tel: 07531 247657

\* Please quote the date of the workshop you are booking