

# Protective Behaviours Level 2 (Intermediate) Training Course

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## The Level 2 (Intermediate) Course includes:

- The 3-day Level 2 (Intermediate) Course and Course materials.
- Refreshments
- Continued support from Families Feeling Safe throughout the Course
- Ongoing attendance at local PB Network meetings

## Introduction

Welcome to the Level 2 Protective Behaviours Course Information. We are pleased you are interested in continuing your Protective Behaviours learning journey and we are looking forward, through this course, to supporting you to acquire the confidence and skills to inspire others.

The knowledge and skills people gain on our courses equips them to use Protective Behaviours for themselves and with others in an increasingly effective way. They are able to promote the key Protective Behaviours ideas in their home, social and work life, helping others to live safer and more fulfilling lives.

This course is provided by Families Feeling Safe Protective Behaviours Services who work in partnership with settings in Hertfordshire and beyond, to build capacity and the sustainability of Protective Behaviours practice. As an early intervention approach, Protective Behaviours can improve the emotional wellbeing of children and families and help them build skills to keep themselves and their children feeling safe thereby reducing the need for more specialist help.

The course will be facilitated by Fiona Benjamin and Dave Austin who will:

- Support the learning of all participants through a variety of learning approaches
- Will meet the learning needs of every individual wherever possible
- Provide an equal opportunity for all learners to receive the best possible support throughout the course
- Provide high quality resources and guidance during the course, and a certificate upon successful course completion
- Provide information to enable further Protective Behaviours progression, involvement in quality assurance processes and continued professional development

## Information for Applicants for the Level 2 (Intermediate) Course

This course provides professional development and progression onto other Protective Behaviours courses. It enables people to feel more competent as practitioners by deepening their understanding of the Protective Behaviours Process.

Applicants will need to:

- Have completed a Protective Behaviours Level 1 (Foundation) training course and provide the relevant course number and date of completion
- Be using Protective Behaviours as a practitioner in a structured/focused way
- Ideally have begun networking with the local Protective Behaviours network in their area
- Ideally be in a position to promote Protective Behaviours work and practice with the support of managers

Participants on this course are expected to:

- Prepare for the course by:
  - A short pre-course activity in preparation for an open discussion session on the first day of the course (details of the activity will be sent to participants on application)
  - Reviewing notes and materials from Level 1 - Foundation Course
- Attend each of the three days
- Keep a Protective Behaviours Learning Journal throughout the course
- Keep an on-going evaluation for completion by the end of the course

### Course value

Following completion of the Level 2 Course participants will:

- have further developed their specialism in the Protective Behaviours Process
- be able to practise Protective Behaviours with greater understanding and skill
- be able to apply the Protective Behaviours Process to more varied and complex situations and in a broader range of environments
- be able to support others with their Protective Behaviours Practice
- be able to promote good quality practice, contributing to organisational quality assurance processes
- be able to provide workshops in the Protective Behaviours Process
- have met the criteria for training to facilitate Families Feeling Safe, A Protective Behaviours Programme for Mums, Dads and Carers

### Course Expectations

The value to organisations registering participants on this course is that:

- Staff will have an improved level of practice and will have developed a broader range of skills for using in the workplace
- Quality assurance processes are enhanced
- Staff relationships can be improved and communication is more effective
- Staff can access good quality Professional Development and progression is encouraged
- Staff can share and support good practice, taking a lead role in cascading knowledge and skills
- Value is added to service provision
- Professional specialisms can be developed
- Equality and diversity practice is enhanced

## Learning outcomes

It is expected that by the end of the course practitioners will:

- Have a deeper knowledge and understanding of the Protective Behaviours Process, in particular how each part of the Process interlinks to form a framework of concepts and strategies
- Have a broader range of skills for implementing the Process more effectively, including developing language and behaviour consistent with Protective Behaviours
- Have increased their confidence and competence in the application of the Process to a variety of situations
- Have explored and evaluated resources which are consistent with the Protective Behaviours Process.
- Be able to take a leading role and support other people in their use of Protective Behaviours
- Be able to demonstrate to others the importance and value of the Protective Behaviours Process in their workplace
- Have developed skills as a reflective learner

## Progression

### Local PB Networks

Your expertise will be extremely valuable in supporting your local network. Network meetings are established in Hertfordshire and your participation will be greatly valued. More information will be available on the course or please contact [enquiries@familiesfeelingsafe.co.uk](mailto:enquiries@familiesfeelingsafe.co.uk)

### Becoming a Families Feeling Safe programme facilitator

Completion of the Level 2 (Intermediate) course enables you to apply to train as a facilitator of the Families Feeling Safe, Protective Behaviour programme for mums, dads and carers. In Hertfordshire, HCC requires that those applying to facilitate this parenting programme also meet HCC standards for parenting practitioners. The Families Feeling Safe facilitator's course is two days. More information will be available during the course or please contact [enquiries@familiesfeelingsafe.co.uk](mailto:enquiries@familiesfeelingsafe.co.uk)

### **Payment, cancellation and refund policy**

The total cost of the Course is £395 + VAT. We will send an invoice when we confirm your place on the course. Cancellations received less than 14 days prior to the first course date cannot be refunded. If the course is cancelled by Families Feeling Safe for any reason, applicants will receive a full refund without exception.

**Please apply for the course on the separate form that we have sent to you with this document.**