

Wellbeing and Vulnerable Groups

Summer term courses

The Herts for Learning Wellbeing and Vulnerable Groups team works to support schools with all issues related to inclusion, health and wellbeing. The team provides support and training for school staff, governors and parents, as well as sessions for pupils. All training, guidance and support delivered by the team is in line with national policy and best practice, the current Ofsted inspection framework and the Equalities Act 2010.

A comprehensive range of programmes and courses are being run by the Wellbeing and Vulnerable Groups team throughout the summer term.

Advisers



Karin Hutchinson

Lead Teaching and Learning Adviser for Wellbeing and Vulnerable Groups, Anti-bullying



Richard Maskrey

eSafety Adviser



Hannah East

Behaviour for Learning Adviser



Noah Kaindama

BME/Equalities Adviser



Val Hazell

Achievement Adviser, SEND



Kate Stockdale

Traveller Achievement & Herts Healthy Schools Adviser



Louise Barrell

Achievement Adviser, SEND



Jayne Wright

PSHCE Adviser & Herts Healthy Schools Lead Adviser



Angela Scott

Achievement Adviser, SEND

What's on –

Wellbeing and Vulnerable Groups courses

To book please visit: <http://bit.ly/TTHGfL> or contact the Customer Services Team on **01438 845111**

EARLY YEARS / PRIMARY COURSES				
Date & time	Event	Venue	Course code	Delivered by
21/04/2016	Teaching and learning in primary PE gymnastics	St Joseph's Catholic Primary, Hertford	16PED/002P	Nic Holmes
26/04/2016 & 14/06/2016	Getting beyond behaviour: growing cooperation	HDC	16BFL/002P	Hannah East
28/04/2016	Getting beyond behaviour: growing independence	HDC	16BFL/004P	Hannah East
05/05/16	Teaching and learning in primary PE athletics and outdoor and adventurous activity	St Joseph's Catholic Primary, Hertford	16PED/001P	Nic Holmes
12/05/2016	Getting beyond behaviour: growing resilience	HDC	16BFL/005P	Hannah East
15/05/2016	PE and sport for adults other than teachers	St Joseph's Catholic Primary, Hertford	16PED/003P	Nic Holmes
18/05/2016	Small steps: measuring outcomes for pupils working well below the standards	HDC	16SEN/002P	Louise Barrell
25/05/2016	Primary SRE champions course	Apsley	16PSE/009P	Jayne Wright
26/05/2016	Gender on the agenda	Roebuck School Stevenage	16PSE/018P	Karin Hutchinson and Kate Stockdale
26/05/2016	Including health and fitness in Early Years learning	St Joseph's Catholic Primary, Hertford	16PED/004P	Nic Holmes
26/05/2016	Getting beyond behaviour: moving from behaviour management to behaviours for learning	HDC	16BFL/001P	Hannah East
08/06/2016	Being yourself in a challenging world	Roebuck School Stevenage	16PSE/017P	Karin Hutchinson and Kate Stockdale
09/06/2016	Teaching and learning in primary, PE games	St Joseph's Catholic Primary, Hertford	16PSE/005P	Nic Holmes
09/06/2016	Getting beyond behaviour: moving from behaviour management to behaviours for learning	Aubrey Park Hotel, Hemel Hempstead	16BFL/003P	Hannah East

EARLY YEARS / PRIMARY COURSES (continued)

10/06/2016	Good practice in delivering outstanding pupil engagement opportunities in primary schools	Apsley	16PSE/016P	Jayne Wright
15/06/2016	Good practice in delivering outstanding pupil engagement opportunities in primary schools	HDC	16PSE/010P	Jayne Wright
16/06/2016	Using restorative justice approaches in primary schools	HDC	16PSE/012P	Karin Hutchinson
17/06/2016	Stonewall train the trainer course: tackling homophobic, biphobic and transphobic bullying in primary schools	HDC	16PSE/020P	Karin Hutchinson and Kate Stockdale
20/06/2016	Gender on the agenda	Apsley	16PSE/019P	Karin Hutchinson and Kate Stockdale
21/06/2016	Primary SRE champions course	HDC	16PSE/007P	Jayne Wright
28/06/2016	Safeguarding in a digital world: eSafety for primary schools	HDC	16EST/002P	Richard Maskrey and Kate Stockdale
06/07/2016	Safeguarding in a digital world: eSafety for primary schools	HDC	16EST/004P	Richard Maskrey and Kate Stockdale
11/07/2016	Welcoming and supporting newly arrived families and children into early years	HDC	16INC/001A	Kate Stockdale and Sue Tanton

CROSS PHASE COURSES

Date & time	Event	Venue	Course code	Delivered by
25/04/16 09/05/16 16/05/16 23/05/16	Flourishing mindfully in schools	Apsley	16PSE/001A	Jayne Wright
28/04/16 05/05/16 12/05/16 19/05/16	Flourishing mindfully in schools	HDC	16PSE/002A	Jayne Wright
04/05/2016 06/06/2016	Increasing the impact of TAs	HDC	16SEN/008A	Louise Barrell
05/05/2016 24/05/2016	Induction for new SENCOs Day 1 and 2	HDC	16SEN/004A	Val Hazell
16/05/2016 23/05/2016	Protective behaviours level 1 two-day course	HDC	16PSE/004A	Jayne Wright
17/05/2016	Assessment tools for SENCOs	HDC	16SEN/010A	Angela Scott
25/05/2016	Special educational needs and disabilities... ready for Ofsted	HDC	16SEN/009A	Angela Scott

CROSS PHASE COURSES (continued)

08/06/2016	Pocket guide to growing parental participation	HDC	16SEN/003A	Angela Scott
13/06/2016 20/06/2016	Protective behaviours level 1 two-day course	Apsley	16PSE/005A	Jayne Wright
15/06/2016	Moving on ... less successful learners	HDC	16SEN/011A	Val Hazell, Louise Barrell, Angela Scott
23/06/2016	SEND briefing	Stanborough Centre, Watford	16SEN/006A	Val Hazell, Louise Barrell, Angela Scott
28/06/2016	Achieving the HfL Anti-bullying Accreditation Award	HDC	16PSE/014A	Karin Hutchinson
28/06/2016	SEND briefing	HDC	16SEN/005A	Val Hazell, Louise Barrell, Angela Scott
29/06/2016	SEND briefing	The Priory, Ware	16SEN/007A	Val Hazell, Louise Barrell, Angela Scott
04/07/2016	Delivering an anti-abuse curriculum	HDC	16PSE/013A	Karin Hutchinson

SECONDARY COURSES

Date & time	Event	Venue	Course code	Delivered by
11/05/2016	Secondary SRE champions course	HDC	16PSE/006S	Jayne Wright
15/06/2016	Safeguarding in a digital world: eSafety for secondary schools	HDC	16EST/001S	Richard Maskrey and Kate Stockdale
17/06/2016	Secondary SRE champions course	Apsley	16PSE/008S	Jayne Wright
24/06/2016	Good practice in delivering outstanding student engagement	HDC	16PSE/011S	Jayne Wright
24/06/2016	Stonewall train the trainer course: tackling homophobic, biphobic and transphobic bullying in primary schools	Apsley	16PSE/021S	Karin Hutchinson and Kate Stockdale
01/07/2016	Good practice in delivering outstanding student engagement	Apsley	16PSE/015S	Jayne Wright
05/07/2016	Safeguarding in a digital world: eSafety for secondary schools	Apsley	16EST/003S	Richard Maskrey and Kate Stockdale

Healthy Schools programme

Healthy, happy children can achieve more!

“The Healthy Schools programme is a fundamental element for developing the overall wellbeing of our students”



Herts for Learning recognises the importance of meeting the health and wellbeing needs of children and young people. Research has shown that there is a well-established correlation between health and wellbeing and pupils' educational attainment. HfL's mission is to help all schools to develop and sustain whole-school approaches to encourage outstanding health and wellbeing provision across the school.

The Hertfordshire Healthy Schools programme offers the school community:

- a package of support and training that helps develop the school's health and wellbeing needs
- a process that provides high-quality evidence to support Ofsted inspections
- a focus and celebratory process that sends a clear message to parents and carers that their child's wellbeing is the school's core business
- dedicated guidance and advice from an experienced Healthy Schools adviser
- access to high-quality CPD from the Wellbeing and Vulnerable Groups team

Healthy Schools launch training: Top tips – pathways to status

Wednesday 20th April

Apsley 2, Hemel Hempstead, 9.30am – 12.00pm **OR**

Friday 29th April

Hertfordshire Development Centre, Stevenage, 1.00pm – 3.30pm

The programme is great value for money, costing £700 for an annual subscription, collected through monthly direct debit (rising to £800 for schools joining after September 2016).

During the first phase of the programme schools work towards achieving Healthy Schools Status. Once achieved, schools can choose to work towards Enhanced Status in their second year on the programme. This requires the school to select a current health and wellbeing priority, and draw up an action plan identifying activities and interventions needed to achieve the priority.

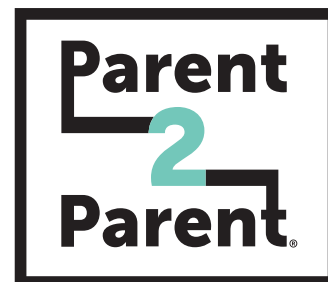
“The Healthy Schools programme has helped us address and improve the emotional health and wellbeing in children/young people and our staff in our school.”

**For more information contact Sam Payne: sam.payne@hertsforlearning.co.uk
or visit: www.hertsforlearning.co.uk/services/healthy-schools-programme**

Parent2Parent®

National research has repeatedly demonstrated that parents/carers are the most influential factor in the long-term academic success of their children. Herts for Learning has developed a parental education programme, **Parent2Parent®**, aimed at helping parents and carers to improve the learning experience at home by embedding key teaching and learning behaviours.

Schools can subscribe to the service and an HfL **Parent2Parent®** trainer will deliver the programme to parents in their school. On completion of the programme, individuals that have attended the programme can apply to be trained as a **Parent2Parent®** trainer. Once this training has been successfully completed, they can deliver the **Parent2Parent®** programme to other parents in their school.



For more information contact Hannah East:
p2p@hertsforlearning.co.uk

SRE surgery sessions, drug and alcohol education surgery sessions, and PSHE and Traveller networks
with Jayne Wright and Kate Stockdale

Drug and alcohol education

A series of 60-minute drug and alcohol education surgery sessions will be running as follows:

Wednesday 29th June 2016
Wednesday 6th July 2016

Hertfordshire Development Centre, Stevenage
Apsley 2, Hemel Hempstead



Sex and relationships education (SRE) surgeries

A series of 60-minute SRE surgery sessions will be running as follows:

Tuesday 28th June 2016

Hertfordshire Development Centre, Stevenage

Tuesday 5th July 2016

Apsley 2, Hemel Hempstead

The sessions will focus on developing the school's drug and alcohol policy or SRE policy, and provide up-to-date information in each area. Guidance will also be given on how to provide evidence for Ofsted's Personal Development, Behaviour and Welfare and contribute to pupil's spiritual, moral, social and cultural education.

Primary PSHE network meetings

Good practice sharing workshops (4.00pm – 5.30pm, £48)

Termly meetings to support schools with delivering PSHCE. The summer term sessions will be running as follows:

Thursday 21st April 2016

Apsley, Hemel Hempstead

Monday 4th July 2016

Hertfordshire Development Centre, Stevenage

Secondary PSHE network meetings (4.00pm – 5.30pm, £48)

Termly meetings to support schools with delivering PSHCE. The summer term sessions will be running as follows:

Monday 14th March

Apsley, Hemel Hempstead

Tuesday 22nd March

Hertfordshire Development Centre, Stevenage

Thursday 26th May

Hertfordshire Development Centre, Stevenage

Wednesday 22nd June

Apsley, Hemel Hempstead

Traveller education network meetings (4.00pm – 5.30pm)

Fully-funded termly meetings to support schools with Traveller pupils. Each meeting focuses on a different theme or area of support. The summer term sessions will be running as follows:

Wednesday 25th May 2016

Apsley, Hemel Hempstead

Thursday 26th May 2016

Hertfordshire Development Centre, Stevenage

To book onto surgeries/PSHE Network sessions please contact Rheya Keable:

rheya.keable@hertsforlearning.co.uk or 01438 843299

SRE surgeries are funded, SRE Champions course are funded but all other sessions (including drug and alcohol education surgeries are chargeable).

Flourishing mindfully in schools

Mindfulness training for teachers to use with their pupils

These four-week twilight courses are designed for teachers wanting to bring mindfulness and positive psychology, including the encouragement of growth mindsets, into their whole-school approach. They will provide tools to help children and young people to reduce anxiety, improve concentration and get more from life!

The course provides teachers with a useful insight into the basics of mindfulness and ideas to support young people to flourish. It will look at research into its impact and will make the case for schools adopting its techniques as part of their everyday routines.

25th April, 9th May, 16th May and 23rd May

3.00 – 5.00pm

Apsley 2, Hemel Hempstead
16PSE/001A

28th April, 5th May, 12th May and 19th May

3.00 – 5.00pm

Hertfordshire Development Centre, Stevenage
16PSE/002A

For more information and to book a place, please see: <http://bit.ly/TTHGfL>



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www.hertsforlearning.co.uk

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